



NEWSLETTER - TAMARAIKULAM ELDERS VILLAGE



Elders Voice – December 2013

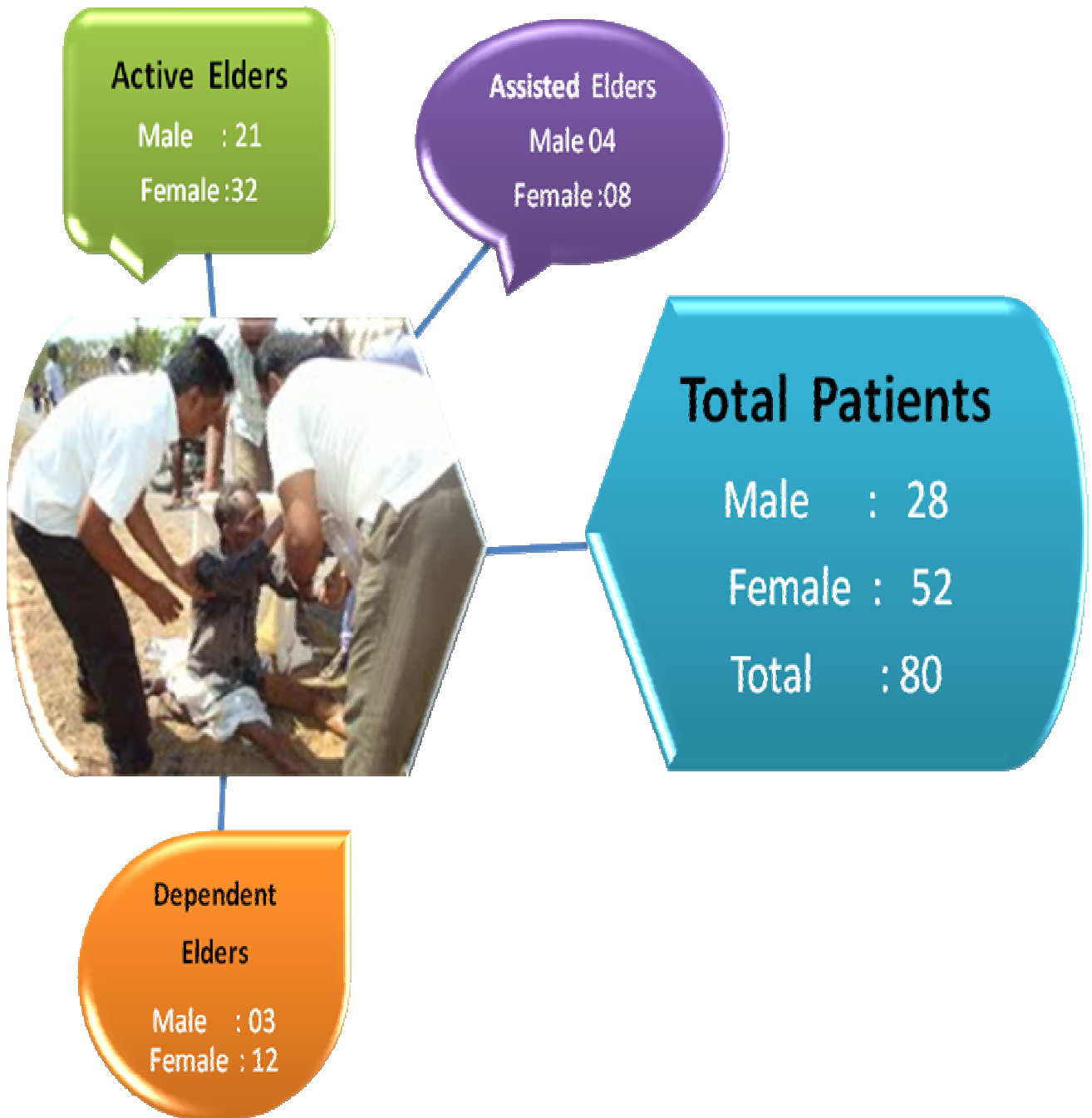
'AGE MAY CHANGE BUT WE NEVER CHANGE'

HelpAge India,
Thamaraikulam elders Village,
Periyakanganankuppam,

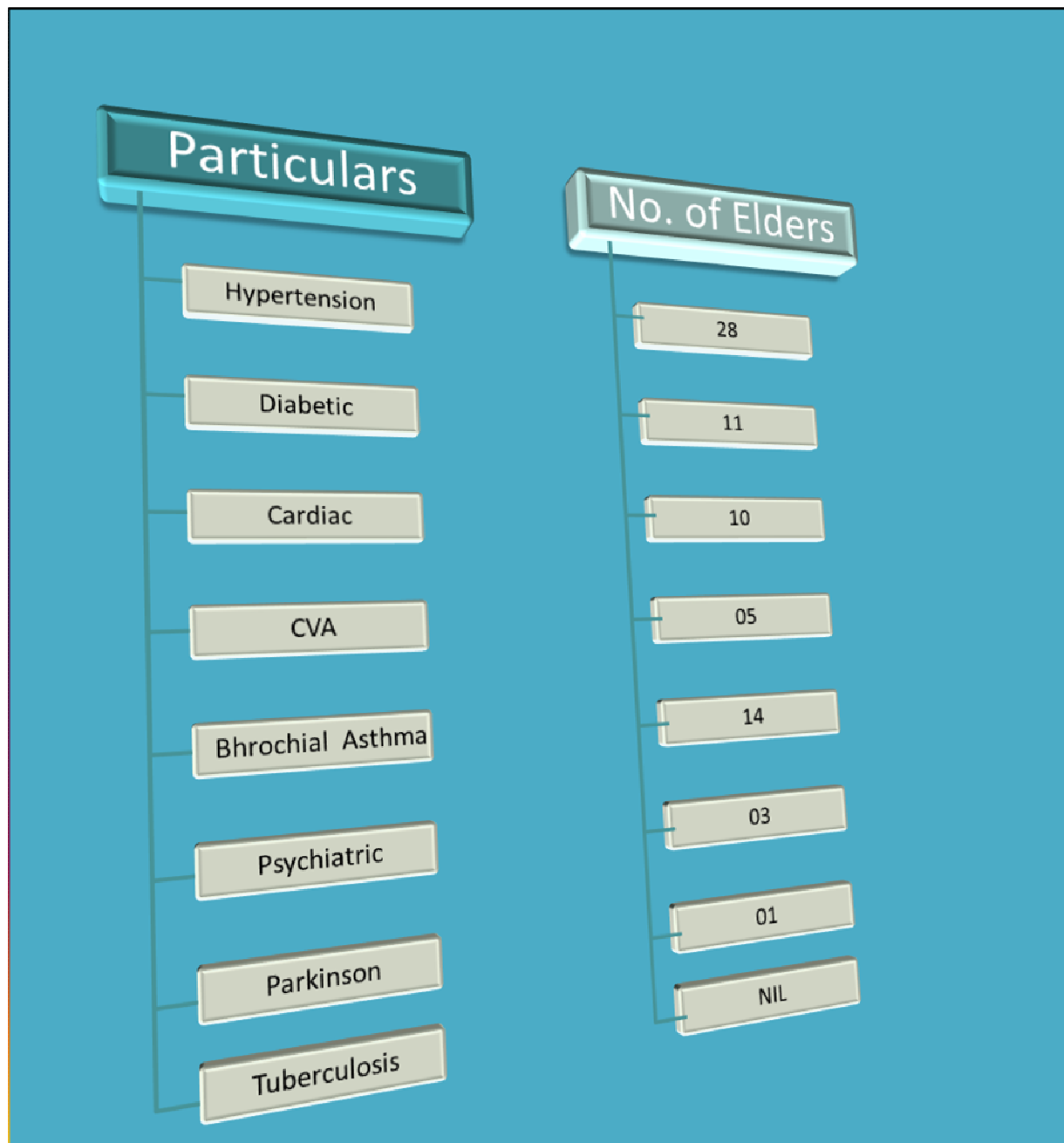
Contents

1. Elders' Status	-03
2. Health Status	-04
3. Donations of the Month	-05
4. Events of the Month	- 07
5. Photo Gallery	- 13

1.ELDERS' STATUS IN THAMARAIKULAM



2.HEALTH DETAILS IN TEV



DONATION OF MONTH OF DECEMBER

TEV would like to express gratitude to ARR charities - Chennai for their generous contribution and continuous support of one lakh (Rs.100000) every month to manage Tamaraikulam elder's village. They are also providing support to Elders who have join under adopt a granny "village' donation program and Cow bank Project for sustainability of the Tamarikulam Elders Village.



On 09.12.2012 Mr.Ratinavelu –sponsored one meal to the Tamaraikulam Elders on the occasion of his father death anniversary. Every year His family members used to come to Elders Village during his father's anniversary day and his family members spent time with our residents. He also promised us to bring more families to support Adopt a Granny/Village scheme to provide one meal for a year program.



On 06.12.2012, Master Dinesh 3rd birthday was celebrated at TEV and all the elders participated and greeted the child. Master Dinesh family sponsored Food and refreshment to all the TEV residents. The family members expressed that the birthday was celebrated meaningfully and they got blessing from the all our residents of TEV.



On 14.12.2012 Mr. Vijayalakshmi sponsored a Special meal on the occasion of her 60th Birthday day. She also wishes to support the Adopt Elderly "Village" program and she promised to bring Like minded donor and relatives for this cause.



On 14.12.2012, Mr.AriuvSelvam celebrated his 20th Birth Day at Tamaraikulam Elders village. He sponsored Food to TEV residents. He received blessings from the Elders and spent the day happily. He is very much impressed about Adopt Elderly "Village" scheme and willing to support this program. He also said that most of his friends are interested to join this program and support our residents.



On 13.12.12, Mr.Gopal Kirshanan's twins baby Mast. Tamilarasan and Mast.Tamilvendhan's 2nd Birthday celebrated and our elders participated their birthday and blessed them. They have sponsored food to our TEV residents

EVENTS OF THE MONTH

RAMZAN LIVELY EPISODE

Ramzan is the ninth month according to Islamic Lunar calendar. Ramzan (written as Ramalan) is derived from the Arabic root word 'ramida' or 'arramad' that means intense scorching heat and dryness, especially of the ground. Ramalan is so called to indicate the heating sensation in the stomach as a result of thirst. Others said it is so called because Ramalan scorches out the sins as it burns the ground. Some said it is so called because the hearts and souls are more readily receptive to the admonition and remembrance of Allah during Ramalan, as the sand and stones are receptive to the sun's heat.



The Ramzan festival was celebrated at multi purpose hall in the Thamaraiikulam Elders village. The episode was enriched with the immense participation of 45 elder persons. The celebration progressed at 3.30 pm in the afternoon with many special events.

The event was conducted to make a light and lively evening for the people. It comprised of prayers, solo songs, bhajans, single and group dances etc. The elders enthusiastically participated with the trainees and the manager in making the event a successful one. The events performed for an hour and was a refreshing each one in the Thamaraiikulam Elders Village. Active and assisted elders were presented and observed the presentation of each seven committee's activities. Each group have presented their achievements and stated the restraint.

Apart from the meeting the elders have made fun like dancing, singing song and enjoyed lot on that day,

ELDERS MEETING

The TEV local Residents committee members organized their monthly meeting and all the residents of Tamaraikulam Elders Village also participated the meeting. Active and assisted elders were presented and reviewed the seven committee's activities. Each Committee have presented their achievements during the



month of December and stated the restraint. All the elders shared their views in improving the committee activities.

Apart from the meeting the elders have made fun like dancing, singing song and enjoyed lot.

CHRISTMAS CARNIVAL IN TEV

Christmas festival cheerfully celebrated at amphitheater by the residents of TEV. The Christmas cake cutting event conducted and all the elders joyfully celebrated. The Christmas Trees and Kudil were decorated with the serial lights by the residents with the support of Care Giver Mrs.Annadhavalli. The residents conducted special prayers and they participated eagerly irrespective of their religious affiliations.



Evening 04.30 pm Leo Pandy General Manager Mr.Rajeshkumar Participated Christmas progaramme after 5kg cut down distribution all elders is very happy for elders.

DENTAL CAMP IN TEV:

Dental camp was organized by the team of doctors from Dr.Elathiriyar from Maruthi Hospital at the multi-purpose hall, Tamaraikulam Elders Village. The multipurpose hall was arranged with clinical facilities as required by the doctors. Around 30 elders were undergone treatment on dental cleaning, rote canal treatment, removing the teeth and

filling the hole in the teeth. The doctor's team has sponsored tooth paste and tooth brush for all the resident and special sensitive pastes provided to the needy elders.

Here one of our residents was under the medication of cleaning the tooth.



MEDITATION FOR THE TEV RESIDENTS ELDERS

According to the yogis, true happiness, liberation and enlightenment comes from union with the divine consciousness known as the transcendent Self. The various yoga practices are a methodology for reaching that goal. In hath yoga, for example, postures and breathing exercises help purify the mind, body and spirit so the yogi can attain union.

The Yoga master Dr.Elathariyan has inspired the residents in meditation. There were 40 elders involved harmoniously in meditation in deeper and grasped the process of yoga. The elders from the TEV are welcoming the yoga meditation in regular intervals to Stimulates the immune system, creates sense of well being and calm.

NEW YEAR 2013 CELEBRATION IN TEV

New Year Celebration starts sharply at 7.30 pm on 31stDec 2012 with a music from Ariputham Orchestra in open air theater. The active and the assisted elders have come together and enjoyed the classical and western music. Special Dinner was enjoyed by the residents during the interval.

HelpAge India Chief executive Mr. Mathew



Cheriyar, our family members Mr.Venugobal Ramalingam, Dr.Sathya Babu, Head PMO Staff members, volunteers, Line club members and Donors Participated. During this function there are about 19 families have handed over the

cheque worth of Rs 72 thousand for the adopt a elderly Village concept. HelpAge India CE received the cheque and convey the best regards to all the families who have contributed the amount for residents of TEV.

Every one chip in Ampitheater made fun and dance. The residents of TEV have cut down a big cake sharply at 12.00 midnight. Every one happily welcome New Year 2012 with loud voice and share New Year wishes with each other.

TEMPLE VISIT

Vadalur is one of the temple city of Tamil Nadu. In vadalur, there are several big temples including some of the greatest Vishnu temples and Shiva Temples like Varadharaja Perumal temple for Lord Vishnu and Ekambaranatha Temple which is one of the five forms of abodes of Lord Siva, (it is the earth abode here, other abodes include Chidambaram (Sky), Sri Kalahasti (air), Thiruvanaikaval (water) and Tiruvannamalai (fire) Kamakshi Amman Temple, Varadharaja Perumal Temple, Kumara Kottam, Kachapeswarar Temple, Kailasanathar Temple and many more. 26 active elders along with 3 staff went to vadalur temple. They had lunch and went for shopping together. They have visited temples in and around Kamachiamman and returned to TEV at 07.30 pm.



EYE CAMP

Free Eye Camp was organized for all the residents of TEV by the PIMS Hospital of Pudhucherry. Out of 86 residents they have selected 25 Elders cataract operation, all the 25 elders went to PIMS hospital Pudhucherry and stayed three days in the hospital itself. And also they had undergone eye check-up by the various doctors. PIMS hospital has arranged special vehicle for elders for transportation.



QUEEN MARY SCHOOL VISIT AT TEV

The X.Mass day was celebrated by the Queen Mary School with our residents of TEV.

There were about 40 students from the school participated and played a street theater program about the JUSES visit and the meaning to visit to take care to person who is suffering, it was really impressed and appraised by the residents, the program went up to 3 hours all the elders enjoyed the show. Gave their feed back about the program.



There are residents who have cried to realized their mistakes by hearting other felling.

ST.ANTONY NURSERY AND PRIMARY SCHOOL AT TEV

“X.Mass” day was celebrated by St. Antony Nursery and primary school with our residents. There are about more than 50 students come with different programs for our residents. The program was very much impressed by our residents. Where they performed. After the performance the entire children’s where spent time with our residents and made the presentation and had assured us to taken care of their parents.



There was inspired prayer with songs performed by the sisters and offered biscuit, banana, and other sweets to our residents. They assured us to send letter to our residents. They also promised to come frequently to our village to give the psychological support to our residents.

BIRTH DAY CELEBRATION

Grand decoration was made in the TEV to celebrate the birthday of two infants of the Donor. All the active and assisted elders, Chief Guest, birthday babies and her relatives were gathered in the Ampitheatre to bless the birthday Babies. The birthday celebration was started with prayer song followed by various cultural programmes were performed.

Dr.S.Sathiyababu, Deputy Project Director gave a special speech regarding the concept of adopt an elders (Village). A huge Cake was cut by the birthday babies Master. Tamil Arasan, Master. Tamil Vendhan. During the cake cutting all elders and relatives had sung “happy birthday” song. After that they sponsored delicious dinner to all the elders.



BANIYAN DONATION

Mr.Perumal had the opportunity to watch the video clippings of Tamaraiikulam Elders village in Vijay TV. He Visited the TEV and spent his time with the elders and he sponsored Baniyan to 30 elders in TEV..



REGULARLY DONATION 30 KG VEGETABLES

Lions Club member Mr.kamaraj has been sponsoring 30 kg vegetables to TEV. He assured to continue his sponsorship for the elders in TEV. He has been supporting to provide 30 kg of vegetables every month.



PHOTO GALLERY



Lines Club President & Team Members Helpage CE , dancing with our resident and
 Joined Given 72000/- cheque adopt amake them happy on the occasion of NEW
 Elderly /Village concept to CE of HelpAge YEAR.
 india.



Twins babies Master Tamil arasan, Tamil Mr. Kamaraj, 30 kg Vegetables donated
 vendhan Birth day celebration at TEV. TEV. He assured us to give these vegetable
 in every month.



Christmas festival celebration at TEV Mr.Rajesh Kumar (Le Ponday GM)
 Banana fiber making program has been
 carried out by our residents , the amount
 was given to the group members for the

	service.
	
<p>Queen mary school students visit at TEV after there spend time cultural programme participated.</p>	<p>St.Antony Nursery and Primary School, visit TEV after cultural programme participated.</p>
	
<p>TEV Building Painting work start</p>	<p>Mr. Arivu selvam 5th year birthday celebration at TEV.</p>
	
<p>Mr.Dinesh 19th Year Birth day party celebration at TEV.</p>	<p>T.N. Agricultural department visit</p>

